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# . INVESTIGATORS LIST

## NOTE - All CVS, Medical License Nos and Site Specific Informed Consents are attached

## PRINCIPAL INVESTGATOR

# Dr. Leslie W. Miller, MD

, is an internationally recognized cardiologist and a pioneer in regenerative medicine, currently serving as the **Chief Medical Officer** for Leonhardt Ventures and **Lionheart Health**. Based in **Clearwater, Florida**, he is the Director of the Heart Failure Clinic at BayCare Health System.

### Academic & Professional Leadership

- **Former Chairman:** Served as the Chief of Cardiology at the **University of Minnesota**(where he founded the Lillehei Heart Institute), **Georgetown University**, and the **University of South Florida**.
- **ISHLT President:** He is a past president of the International Society for Heart and Lung Transplantation (ISHLT) and the American Society of Transplantation.
- **Clinical Research:** A prolific investigator, he has authored over **250 peer-reviewed manuscripts** and 12 book chapters.
- **Clinical Trials:** He has been the Principal Investigator for approximately **94 to 115 clinical trials** focused on heart failure, transplant, and regenerative therapies.




Leonhardt Ventures +7

## Regenerative Medicine & Authorship

Dr. Miller is a leading voice in organ and tissue regeneration, specifically through bioelectric and cellular therapies.

- **Textbook Editor:** He is the lead editor of the major textbook **Stem Cells and Gene Therapy for Cardiovascular Disease** and co-editor of **Mechanical Circulatory Support**.
- **Innovation:** His current work at Leonhardt Ventures focuses on using **bioelectric stimulation** to upregulate pro-regenerative proteins (like SDF and Klotho) for organ repair.




Leonhardt Ventures +3

## Current Practice

- **Location:** BayCare Heart Function Clinic, 455 Pinellas St Ste 250, **Clearwater, FL**33756 and dually serving as Medical Director and Chief Medical Officer Lionheart Longevity & Wellness, 4440 Von Karman Ave, Suite 100, Newport Beach, CA 92660 via Lionheart Health, Inc. and Leonhardt Ventures LLC

- **Specialization:** Advanced heart failure, heart transplantation, and regenerative stem cell treatments.

BayCare +2

# Dr. Jeffrey Gladden, MD, FACC

, is a board-certified interventional cardiologist and the founder of **Gladden Longevity + Advanced Performance Center** in the Dallas-Fort Worth area (specifically Irving, TX). After 25 years in traditional cardiology, he shifted his focus to "Living Young for a Lifetime" through regenerative and proactive medicine.

A4M +3

## Professional Qualifications

- **Medical Education:** Graduated with honors from the Lewis Katz School of Medicine at Temple University (1982).
- **Residency:** Internal Medicine at Case Western Reserve University.
- **Fellowship:** Interventional Cardiology at the University of Colorado Health Sciences Center.
- **Board Certifications:** American Board of Internal Medicine in Cardiovascular Disease and Interventional Cardiology.

- **Current Roles:** Director of Heart Attack and Stroke Prevention and Cardiac Rehabilitation at Baylor Scott & White The Heart Hospital – Plano, which he co-founded in 2004.



Gladden Longevity +4

## Gladden Longevity Services

The clinic utilizes "Biohacking" and advanced diagnostics to optimize human performance and longevity.


Dallas News +1

- **Core Programs:** Personalized tiers ranging from introductory assessments like "How Young Am I?" to exclusive concierge memberships.
- **Advanced Diagnostics:** Full genome sequencing, AI-powered full-body MRI, epigenetic "age-hacking" tests, and transcriptomics.
- **Treatments:** Bioidentical hormone therapy, NAD+ optimization, regenerative therapies, and cellular signaling treatments.
- **Philosophy:** Focuses on the "Mosaic of Ages," aiming to help clients achieve the energy of a 30-year-old with the wisdom of a "300-year-old mind".

YouTube +5

## Contact & Location

- **Address:** 6333 N. State Hwy 161, Suite 250, Irving, TX 75038.
- **Website:** gladdenlongevity.com.
- **Media:** Author of *100 Is the New 30* and host of the *Gladden Longevity Podcast*.

Gladden Longevity +4

# Dr. Gregory S. Keller, MD, FACS

**, is a double board-certified facial plastic surgeon and a Clinical Professor at the UCLA David Geffen School of Medicine. He is widely recognized as a pioneer in minimally invasive surgery, specifically for inventing the endoscopic brow lift.**

**Keller Plastic Surgery +4**

## UCLA & Academic Leadership

Dr. Keller holds several prestigious roles within the academic medical community:

- Clinical Professor of Surgery: Serves in the Division of Facial Plastic Surgery, a division he co-founded at UCLA.
- Fellowship Co-Director: Co-directs the UCLA/AAFPRS Facial Plastic Surgery Fellowship, training the next generation of specialized surgeons.
- Research & Editorial Roles: Former section editor for the AMA journal *JAMA Facial Plastic Surgery* and an advisor for multiple indexed medical journals.



Keller Plastic Surgery +4

## Santa Barbara & Private Practice

He maintains a private practice, Keller Plastic Surgery, with locations in Santa Barbara, Beverly Hills, and Los Angeles.



Keller Plastic Surgery +1

- Specialization: He has performed over 5,000 deep plane facelifts and specializes exclusively in procedures for the face, neck, and hair.
- Innovation: Beyond the endoscopic brow lift, he has patented techniques for endoscopic neck lifts and facelifts.
- Integrative Approach: His practice combines surgical expertise with non-invasive treatments like Rejuvalase, utilizing lasers, RF, and microneedling.



Keller Plastic Surgery +4

## Qualifications & Background

- Board Certifications: American Board of Facial Plastic and Reconstructive Surgeryand the American Board of Otolaryngology – Head and Neck Surgery.
- Education: MD from the University of Illinois; originally intended to be a cardiovascular surgeon until a serious car accident led him to undergo facial reconstruction and change his career path.
- Authorship: Author of several textbooks and numerous peer-reviewed publicationson facial rejuvenation and laser surgery.



Keller Plastic Surgery +4

# Dr. Sanjay Bhojraj, MD, FACC, IFMCP,

is a board-certified interventional cardiologist and a **Certified Functional Medicine Practitioner** through the Institute for Functional Medicine (IFM). Based near Ladera Ranch in **Mission Viejo**, California, he integrates traditional cardiovascular care with root-cause analysis to address chronic disease.


The Institute for Functional Medicine +4

## Professional Qualifications

- **Medical Education:** Graduated from the Indiana University School of Medicine in 2002.

- **Residency:** Internal Medicine at McGaw Medical Center of Northwestern University(2002–2005).
- **Fellowships:** Cardiovascular Disease (2006–2009) and Interventional Cardiology (2009–2010) at Henry Ford Hospital.
- **Board Certifications:** American Board of Internal Medicine in both Cardiovascular Disease and Interventional Cardiology.

 LinkedIn +5

## Functional Medicine Focus

Dr. Bhojraj transitioned toward functional medicine after 20 years of performing invasive cardiac procedures, seeking to treat underlying drivers of illness rather than just symptoms.



Rupa University

- **Institute for Functional Medicine (IFM):** He is a certified practitioner and a national educator for the IFM.
- **Well12 Program:** Founder of Well12, a 12-week health optimization program focusing on nutrition, sleep, breathwork, and genomic insights to reduce inflammation and cardiometabolic risk.
- **Specialized Testing:** His practice utilizes advanced lipid testing, proteomics, epigenetics, and genomic medicine.


The Institute for Functional Medicine +3

## Practice Location & Affiliations

- **Primary Office:** Mission Heritage Medical Group, Suite 120, **Mission Viejo, CA**(adjacent to Ladera Ranch).
- **Hospital Affiliations:** Providence Mission Hospital (Mission Viejo and Laguna Beach) and Hoag Hospital Newport Beach.



Healthgrades +3

# Dr. Jared J. Szymanski, DO

, is a board-certified family medicine physician based in Newport Beach, specializing in **Precision Medicine**. He is the founder of Orange County Precision Medicine, where he focuses on data-driven, proactive health strategies often referred to as "Medicine 3.0".


Orange County Precision Medicine +1

## Practice Information

- **Practice Name**: Orange County Precision Medicine
- **Location**: 366 San Miguel Dr, Suite 312, Newport Beach, CA 92660

- **Contact**: (949) 779-6910 (Phone) | (949) 730-0918 (Fax)
- **Affiliations**: He is on staff at Hoag Memorial Hospital Presbyterian and previously served as the Department Chair of Family Medicine for Hoag Medical Group.

 Hoag Hospital +4

## Clinical Expertise & Services

Dr. Szymanski's practice shifts away from standard symptom management toward identifying root causes and preventing chronic disease.

Orange County Precision Medicine

- **Specializations**: Family Medicine, Precision Medicine, and Osteopathic Manipulative Medicine.
- **Advanced Diagnostics**: Offers genetic testing, VO2 Max testing, body composition analysis, and full-body MRI screenings.
- **Approach**: Focuses on personalized interventions for conditions like diabetes, hypertension, and obesity to extend "healthspan".

Orange County Precision Medicine +3

## Patient Insights

- **Reviews**: Patients frequently praise his **attentiveness**, **thorough explanations**, and willingness to listen without rushing. Some feedback notes that the reception staff's service could be improved.

# Dr. Allyson Berkey

(also known as Allyson Pizzo-Berkey) is a physician based in Newport Beach, CA, specializing in **Regenerative Medicine**, **Integrative Medicine**, and **Medical Aesthetics**. She is the founder and CEO of **Beyond Med Spa & Wellness Center**.



beyondnewport.com +3

## Professional Overview

- **Specialties:** Regenerative medicine, bioidentical hormone replacement therapy (BHRT), medical weight loss, and non-surgical aesthetic treatments.
- **Experience:** With over 25 years in practice, she transitioned from a background in **Pediatrics** and Primary Care to focus on age management and longevity.
- **Certification:** She is a Board Certified Regenerative Physician through the American Board of Regenerative Medicine (ABRM).

## Office Location & Contact

The primary facility for her practice is:

- **Business Name:** Beyond Med Spa & Wellness Center
- **Address:** 1501 Westcliff Dr, Ste 301, Newport Beach, CA 92660
- **Phone:** (949) 270-6789

- **Hours:** Monday – Friday, 10:00 AM – 5:00 PM; Saturday by appointment only

Yelp +2

## Services Offered

Dr. Berkey utilizes a personalized approach known as "The Beyond Method™". Key services include:

beyondnewport.com

- **Regenerative Therapies:** Cellular and exosome therapy, peptide therapy, and platelet-rich plasma (PRP) treatments.
- **Wellness Programs:** Bioidentical hormone therapy and the "Body by Beyond" medical weight loss program.
- **Aesthetics:** Laser skin rejuvenation, body sculpting (non-surgical), and injectable treatments.
- **Concierge Care:** Tailored Concierge Medical Services for exclusive, on-demand access to care.

beyondnewport.com +4

### Education & Background

- **Medical Degree:** University of Minnesota Medical School.
- **Residency:** Pediatrics at the University of Minnesota.
- **Undergraduate:** B.S. in Kinesiology from UCLA.
- **Affiliations:** She is affiliated with Providence Mission Hospital.

# Dr. Meena Verma (Meenakshi Verma, MD)

is a board-certified physician based in the Newport Beach area specializing in longevity medicine, concierge care, and obesity management. She operates

Blue Coast Longevity in Newport Beach, focusing on peptide therapy and hormone optimization. She holds a California state medical license, with prior experience in internal medicine.

Key Qualifications and Background

- Specialties: Longevity medicine, anti-aging, peptide therapy, hormone optimization, and obesity medicine.
- Education: Graduated from the University of Bombay / Seth Gordhandas Sunderhas Medical College in 2002.
- Certification: Board-certified in Obesity Medicine and Internal Medicine.
- License: California state medical license.
- Affiliations: Associated with MemorialCare Long Beach Medical Center and previously affiliated with locations in Los Alamitos, CA.

# Dr. William Rojas Flores

is the lead physician at

Life Booster Wellness Center

in Huacas, Costa Rica. He is a Doctor of Surgery and Medicine from the Universidad de Iberoamérica and a member of the College of Physicians and Surgeons of Costa Rica.

## About Life Booster Wellness Center

The center specializes in **regenerative and preventive medicine**, focusing on optimizing cellular health to improve longevity and quality of life.



PlacidWay Medical Tourism +1

- **Location:** Huacas, Provincia de Guanacaste, Costa Rica.
- **Key Services:**
    - **Stem Cell Therapy:** Used for joint and tissue repair, as well as managing chronic inflammatory conditions.
    - **IV Therapy:** Personalized treatments including NAD+ for energy and focus, and hydration/recovery drips.
    - **Plasma Therapy (PRP):** Utilizes growth factors for sports injuries, joint recovery, and reducing inflammation.
    - **Exosomes:** Advanced regenerative treatments aimed at cellular signaling and repair.

- **Hours of Operation:** Monday to Saturday, 9:00 AM – 5:00 PM (Closed Sundays).
- **Contact Information:**
  - **WhatsApp:** +506 8718 6999 or +506 8740 7920.
  - **Phone:** +506 8718 6999.
  - **Email:** info.lifebooster@gmail.com.
  - **Official Website:** lifeboostercr.com.

## Patient Experience & Amenities

The clinic is noted for its personalized approach, treating patients for conditions ranging from **Lyme disease** and **sports injuries** to age-related **joint pain**.

- **Accessibility:** Includes wheelchair-accessible entrances, parking, and restrooms.
- **Payment Options:** Accepts credit cards, debit cards, and mobile payments (NFC). They do **not** accept cash-only payments.
- **Atmosphere:** Described as a medical center focusing on alternative medicine with a private, relaxing environment.

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# Jeremy Patrick Stich, MD

**,** is an emergency medicine specialist and integrative health leader who serves as the Medical Director for Ageless Future in Midvale, Utah. He is widely recognized for his work in bioenergetics, epigenetics, and genomic medicine.

## Medical License & Identification

- **NPI Number:** 1295027126 (Active).
- **Licensure:** He is licensed in all 50 states, allowing him to provide broad clinical oversight for various wellness platforms.
- **Board Certification:** Board-certified in Emergency Medicine (American Board of Emergency Medicine).

## Professional CV & Experience

- **Education:** Earned his Medical Degree from the University of Kentucky / Chandler Medical Center (2010).
- **Clinical Background:** Practiced Emergency Medicine for 11+ years before transitioning to proactive and regenerative healthcare.
- **Leadership Roles:**
  - **Chief Medical Officer (CMO):** Currently serves as CMO for XPO Health and Ammortal.
  - **Co-Founder:** Co-founded **Wild Health**, a world-renowned personalized genomic medicine company.
  - **Medical Director:** Medical Director for LYV the Wellness Space and Ageless Future.
- **Specialized Training:** Fellow of the American Board of Acupuncture Medicine and trained in Meridian Regulatory Acupuncture®.

## Site Specific: Ageless Future (Midvale, UT)

Dr. Stich oversees the medical protocols at Ageless Future, which focuses on advanced anti-aging and regenerative treatments.

- **Location:** 7050 S Union Park Ave, Suite 140, Midvale, UT 84047.
- **Core Services:**
  - **Bioidentical Hormone Replacement Therapy (BHRT):** For both men and women.

- **Regenerative Aesthetics:** Including Botox, dermal fillers, and advanced skin rejuvenation.
- **Sexual Wellness:** Specialized treatments like the O-Shot, P-Shot, and shockwave therapy (Gainswave).
- **Longevity Diagnostics:** Utilizing his background in genomics to personalize patient health plans.

# Regan Archibald LAc, FMP

**is a licensed acupuncturist, functional medicine practitioner, and a leading authority in peptide therapy and longevity. Based in Midvale, Utah, he is the founder of Ageless Future and EastWest Health.**

## Professional Credentials & Background

- **Medical Background:** He is **not a medical doctor (MD)**; he is a Licensed Acupuncturist (LAc) and Functional Medicine Practitioner (FMP).
- **Education:** Earned a **Master of Science** from the Traditional Chinese Medical College of Hawaii.
- **Peptide Authority:** A member of the **International Peptide Society** and creator of the **Peptide Mastery Course**.
- **Authorship:** Author of **eight books**, including *The Peptide Blueprint* and *Never Stop Healing*.

## Ageless Future & Clinical Practice (Midvale, UT)

Regan Archibald oversees Ageless Future, which functions as a **concierge longevity program** rather than a traditional clinic.

Ageless Future

- **Peptide Mastery:** He launched what is considered the nation's first **medically managed peptide program**.
- **Clinical Strategy:** His "Ageless Future Body Operating System™" uses **comprehensive blood labs** (tracking 94 markers) to design personalized health protocols.
- **Team-Based Care:** While he is the founder and a longevity coach, all medical decisions, lab ordering, and prescribing are performed by his **licensed medical team**of MDs, APRNs, and PAs.
- **EastWest Health:** His original clinic, EastWest Health, has multiple locations in Utah and has treated nearly **70,000 clients** over 20 years.

Ageless Future +5

## Peptide Expertise & Focus

Archibald treats peptides as **signaling molecules** that act like "messengers" to restore cellular communication.

Amazon.com +1

- **Core Applications:** Focuses on using peptides for **fat loss** (e.g., GLP-1s, AOD9604), **tissue repair** (e.g., BPC-157), and **cognitive health**.
- **Philosophy:** Emphasizes that peptides work best when combined with lifestyle discipline and should never be used without **baseline lab testing**.
- **Innovation:** Recently presented at scientific seminars regarding the **Klotho protein**and its potential for life extension.

 LinkedIn +4

# Dr. Juan José Parcero Valdés

is an interventional cardiologist and the **Medical Director** at RMI Stem Cells (Regenerative Medicine Institute) in Tijuana, Mexico. He is recognized as a pioneer in non-invasive cardiac procedures and stem cell therapy for heart regeneration, having performed the first such implant in Latin America in 2010.

## Professional Roles

- **Medical Director (RMI):** Oversees specialty care at **RMI Stem Cells Therapy Mexico**, focusing on chronic degenerative diseases through regenerative medicine.
- **Director of Center for Heart Studies:** Leads the **Centro de Estudios del Corazón** at Médica Norte in Tijuana.
- **Academic Leadership:** Has served as a professor of cardiology at the **Autonomous University of Baja California** and **University of Xochicalco**.

- **Clinical Director:** Also serves as the Director of the Cardiac Catheterization Laboratory at **Hospital SIMNSA Internacional**.

## Specialized Expertise

- **Cardiovascular Care:** Specializes in interventional cardiology, treating heart failure, ischemic cardiomyopathy, and atherosclerosis.
- **Regenerative Research:** Acts as a senior researcher for autologous adipose-derived stromal cell application protocols.
- **Innovative Treatments:** Conducts research on non-surgical treatments for extreme obesity through percutaneous intervention.



Baja Health Cluster +4

## Education and Affiliations

- **Training:** Egresado from the **Centro Médico Nacional Siglo XXI**, the **Hospital San Lucas Episcopal**, and the Texas Heart Institute in Houston.
- **Certifications:** Fellow of the American College of Cardiology (**FACC**) and the Society for Cardiovascular Angiography and Interventions (**FSCAI**).
- **Leadership:** Former President of the **Mexican Association for the Prevention of Atherosclerosis and its Complications (AMPAC)**.



The Conference Exchange +3

## Location and Contact

- **Address:** Germán Gedovius 9506, Zona Urbana Rio Tijuana, 22010 Tijuana, B.C., Mexico.
- **Phone:** +52 664 684 7568.

Baja Health Cluster +2

# Dr. Javier Lopez

is the **founder** of the **Regenerative Medicine Institute (RMI)** in Tijuana, Mexico. Born and educated in Tijuana, he has over 30 years of experience in healthcare administration, primarily based in San Diego.

The New York Times

While he is often associated with the business leadership and vision of RMI, clinical leadership for specific departments is often held by specialized doctors, such as Dr. Juan Jose Parcero Valdes who serves as the Medical Director for the cardiology and regenerative programs.


The New York Times

## Key Information about Dr. Javier Lopez and RMI

- **Role:** Founder of the Regenerative Medicine Institute.
- **Background:** Heavily influenced by the potential of stem cell therapy to be the "future of medicine" after attending clinical conferences in 2008.
- **Clinic Focus:** RMI specializes in **stem cell therapy** for chronic and degenerative diseases, including cancer (dendritic cell treatments), immune disorders, and bioidentical hormone treatments.
- **Regulatory Approach:** Dr. Lopez emphasizes running his institute within the framework of **clinical trials**, requiring patients to sign consent forms for experimental treatments.


The New York Times +2

## Location and Contact

- **Address:** Av. Diego Rivera 2339, Zona Urbana Rio Tijuana, 22010 Tijuana, B.C., Mexico.
- **Phone:** +52 664 143 0480.
- **Hours:** Monday to Friday, 9:00 AM – 4:00 PM (Closed on weekends).

Yelp +1

# Dr. Joseph Cleaver, MD

, is the co-founder of **Paradigm Wellness Medical Group** in Dallas, Texas, where he specializes in longevity, regenerative medicine, and aesthetics. With over 30 years of experience, he integrates internal medicine and rheumatology with advanced functional and metabolic therapies.

Paradigm Wellness Medical Group +4

## Professional Qualifications

- **Board Certifications:** American Board of Internal Medicine (Internal Medicine and Rheumatology).
- **Fellowships:** Fellow of the American Board of Anti-Aging/Regenerative Medicine (ABAARM) and the American Academy of Anti-Aging Medicine (A4M).
- **Education:** Graduated from the University of Roma-La Sapienza Faculty of Medicine and Surgery in 1985.

- **Academic Roles:** Adjunct Clinical Professor at George Washington School of Medicineand a member of the teaching faculty for the Metabolic Medical Institute (MMI).

 LinkedIn +4

## Paradigm Wellness Services

The Dallas center focuses on identifying the root causes of aging through cellular health and advanced diagnostics.



Paradigm Wellness Medical Group +1

- **Longevity & Biohacking:** Specialized treatments for telomere health, senescent cell burden, and mitochondrial function.
- **Regenerative Therapies:** Utilization of **Stem Cell Therapy**, Platelet-Rich Plasma (PRP), and Platelet-Rich Fibrin (PRF) for joint health, hair restoration, and sports injuries.
- **Metabolic & Hormone Health:** Bio-identical hormone replacement therapy (BHRT), including testosterone replacement and advanced metabolic endocrinology.
- **Regenerative Aesthetics:** Offers the **4D LYFT™ Stem Cell Facelift**, PDO thread lifts, and Plasma Pen treatments.
- **Proprietary Innovations:** Developer of **KLOTHAMAX™**, a therapy designed to optimize Klotho protein levels for increased healthspan.



Paradigm Wellness Medical Group +7

## Practice Location & Hours

- **Address:** 6211 W Northwest Hwy, Ste C255, Dallas, TX 75225.
- **Hours:** Monday to Friday, 9:00 AM – 5:00 PM (Closed Weekends).
- **Official Website:** pwmgmed.com.