Lionheart Health Top 25 Treatment Protocols

25 selected treatment protocols • Evidence and related intellectual property • October 9 2026

Selected from Lionheart's treatment catalog across healthspan, aesthetics and organ-specific care. Numbers organize the summary rather than rank clinical efficacy. Each protocol combines personalized assessment with selected therapies; reported component results do not establish the effectiveness of every complete combination.

Treatment protocol	Core approach and supporting data	Related patents and IP status
1 Klotho Wellness and Klotho-Up™	12-month healthspan program: diagnostics, nutrition, supplements, BodStim, recovery and organ-specific support. Tracks muscle, brain, immunity and Klotho; full-protocol efficacy not established.	Klotho issued families K; pathway provisionals. Whole-program claim coverage not confirmed.
2 Weight Loss Without Muscle Loss	Physician-guided nutrition, protein support, BodStim and body contouring; third-party GLP-1 prescribing when eligible. Tracks weight and lean mass; no verified combined-program trial.	Related Klotho / bioelectric IP K. No verified patent for the complete weight-loss protocol.
3 Body Toning with BodStim™	EMS-assisted movement, typically 20–40 minutes. Separate BodStim reports: grip +8–15%, leg power +10–25%, walk distance +8–18%; not a guarantee for this regimen. [A]	Related bioelectric signaling and Klotho patents K; external exercise devices have their own IP.
4 HairCell™ Plus	Scalp assessment, bioelectric signaling, light, topical peptides, serums and optional enhanced PRF. Early HairCell reports: density +16.7% at 4 weeks; ~30% at 12 weeks. [B]	Related Klotho / protein signaling K; newer hair filings reported. Full Plus claims not mapped.
5 SkinStim™ Plus	Bioelectric facial care, light, PEMF, EMS and selected PRF / topicals. Cell-culture mRNA: collagen I +35.4%, III +44%, Klotho +420%; small case reports. [C]	Related bioelectric and Klotho IP K. Lab findings do not establish equivalent patient effects.
6 Joint Health and OrthoStim™	Bioelectric, strengthening, light, PEMF and optional enhanced PRF; site schedule 2× weekly for 6–12 weeks. Early OrthoStim: pain −40–65%; WOMAC +35–50%. [B]	Related OPG US 11,691,007, Klotho K and BMP9 application US 2022/0370791.
7 Brain Health Protocol	Diagnostics, neurostimulation, light / PEMF, nutrition, sleep and BodStim. Early Brain Band: memory +12–34%, attention +15–30%, mood +18–35%; selected datasets. [D]	Related Klotho K and neurotrophic signaling IP; individual disease / software coverage not established.
8 Gut Health and Second Brain™	Microbiome / inflammation assessment, diet, supplements, bioelectric, PEMF, light and exercise. Intended digestive and gut–brain support; no quantified full-protocol outcomes verified.	Related Klotho K and company-cited inflammation / neuromodulation IP; precise claims need review.
9 Vision Health and EyeCell™	Vision screening, biomarkers, bioelectric, light / PEMF and lifestyle support. Early EyeCell: 16 eyes; 68.7% improved, 18.8% stable; up to 4 acuity lines. [B]	Related Klotho K and regenerative signaling estate; complete vision protocol coverage unverified.
10 Hearing Health and EarCell™	Auditory assessment, bioelectric, light / PEMF, supplements and home auditory training. Site describes 30–45-minute bioelectric sessions; no verified proprietary hearing-recovery dataset.	Related Klotho K and neurotrophic / regenerative IP; hearing-specific claim mapping needed.
11 Male Health and Performance	TestiStim / ErectiStim research, light / PEMF, acoustic therapy and clinician-selected hormonal or peptide support. No verified combined-protocol hormone or sexual-function trial.	Related vascular elasticity V and Klotho K; targeted reproductive claims require confirmation.
12 FemStim™	Investigational pelvic / sexual-health stimulation with optional light, PEMF, acoustic, RF and BodStim. Site describes 15–20-minute sessions, 6–12 treatments; quantified controlled results not provided.	Related bioelectric / vascular IP K, V; device-specific rights and claims not verified.

Lionheart Treatment Protocols Continued

Treatment protocol	Core approach and supporting data	Related patents and IP status
13 Ovarian Health Protocol	Life-stage assessment, nutrition, exercise, recovery and gynecologic referral. OvaStim, ovarian PRF and peptides are separate research options; fertility / menopause reversal not established.	OvaStim concept and related bioelectric IP; dedicated ovarian filing or issued claims not verified.
14 Endometriosis Support Program	Personalized nutrition, pelvic bioelectric / InStim, light, PEMF and Klotho-oriented wellness alongside appropriate medical care. No verified disease-resolution outcomes.	Related inflammatory / regenerative signaling IP; endometriosis-specific issued coverage not verified.
15 Heart and Cardiovascular Health	Nutrition, BodStim 2× weekly, conditioning, recovery and BP / lipid monitoring. Minimum 12 weeks; follow-up at 3, 6, 12 months. No quantified full-program trial verified.	Related vascular V, Klotho K and cardiac bioelectric US 12,109,410; protocol claim mapping needed.
16 Hypertension Reduction	12-week clinician-guided program: PressureStim, exercise, nutrition, sleep and home BP tracking. Site describes 15–30-minute stimulation 4–6 days/week; effect size unverified.	Related vascular V / bioelectric IP; exact PressureStim claims and device status need confirmation.
17 Diabetes Reversal Protocol	Site name for investigational type 2 diabetes / metabolic support: nutrition, exercise, signaling, light and recovery. Track HbA1c / glucose; pancreatic regeneration or remission not established.	Related Klotho K / metabolic signaling IP; PDX1, NGN3 and complete-protocol claims not verified.
18 Immune Health Protocol	Diagnostics, bioelectric, PEMF, light, nutrition, sleep and exercise. Site schedule: 20–30-minute bioelectric applications, 4–5 days/week. Immune rejuvenation outcomes unverified.	Related Klotho K; FOXO3–AMPK–mTOR and other pathway filings reported; full claims not mapped.
19 Neuropathy Relief and Nerve Repair	Bioelectric signaling, Class IV laser / light, circulation support, neuromuscular training and optional biologics. Tracks pain, sensation, gait and nerve function; proprietary nerve repair unproven.	Related neurotrophic, angiogenesis and Klotho K estate; complete neuropathy protocol coverage unverified.
20 Bone Density Improvement	12-week initial plan: 240 clinic sessions 2× weekly plus BodStim / weight-bearing exercise 3× weekly, nutrition and recovery. No verified protocol-level DXA gains.	OPG US 11,691,007; BMP9 US 2022/0370791; Klotho K and additional signaling families.
21 VO_2 Max Optimization	Personalized aerobic conditioning, interval work, BodStim, nutrition and recovery. Measure fitness response; supporting BodStim walking gains are not direct proof of VO_2 max gains. [A]	Related muscle / bioelectric and Klotho IP K; no verified complete VO_2 protocol patent.
22 Total Body Reset™	Seven-day start: screening, whole-food nutrition, hydration, movement, brain / gut support, sleep and follow-up plan. No verified toxin-clearance or longevity outcome dataset.	Uses related bioelectric platforms K; distinct issued seven-day detox protocol claims not verified.
23 Peptide Therapies	Bioelectric-enhanced peptide research tailored by clinician and study eligibility. Site requires IRB, DSMB, consent and adverse-event oversight; incremental clinical benefit unconfirmed.	Bioelectric peptide-enhancement patent-pending filing reported; number / scope not verified.
24 PRF Injections	Autologous blood draw, centrifugation and facial / scalp injections; possible adjunct to skin and hair care. No quantified Lionheart-specific controlled PRF outcomes reviewed.	Conventional PRF is distinct from Lionheart's reported patent-pending bioelectric PRF enhancement.
25 KlothoPod II Wellness Membership	Scheduled mix of recovery and wellness modalities, including PEMF, sauna, light and selected stimulation / body treatments. No controlled whole-membership outcomes verified.	Related Klotho K / bioelectric estate; issued complete-Pod or membership protocol coverage unverified.

Evidence and IP notes Early data are company-reported, not independently validated. Most disease-directed combinations remain investigational. K = issued Klotho patents US 11,471,686 and 12,226,639; V = related vascular / blood-pressure patent US 11,167,141. Related IP is not proof that every complete protocol falls within issued claims. Proposed benefits without quantified outcomes are described as goals. Care and research components depend on eligibility, labeling and jurisdiction.

Sources Each protocol name links to its treatment page. Supporting results:

[A] BodStim data [B] Portfolio data [C] SkinStim data [D] Brain Band data